

HOW TO BOOK A SESSION WITH A COACH VIA THE APP

DOWNLOAD OUR MEMBER APP



- Search for "Glofox" in your app store
- Download the app, open it up and search for "Setanta Fitness"
- Existing Members log in requesting new password and New Members register

HOW DO I BOOK A COACH?

- Tap the "Timetable" button and select "Trainers"
- Choose a Trainer and time slot to view more detail including the price for a single session
- Click "Book" if you want to go ahead

I'D LIKE TO GET A MEMBERSHIP



- Click on the "Memberships" button on the app
- Check out our various "One to One Coaching" Membership packages available

HOW MUCH DOES IT COST TO HAVE A SESSION WITH A COACH?

A single session is £25 for a 60 minute Personal Training slot. You can either purchase a One to One Coaching membership or you can "pay as you go" - all via the app. You will see the relevant price appearing when booking your slot

HOW CAN I PURCHASE MY MEMBERSHIP?

- Single Payment - pay by card to purchase one membership package - package options include 1 session or 10 sessions with a Coach. You will be allocated a credit for each session you purchase and these are valid for 6 months e.g. 10 sessions = 10 credits
- Choose from Personal Training or Strength & Conditioning packages



SCAN YOUR BARCODE

You need to scan your barcode every time you use the gym - click "Bookings" on your app to view your barcode - tap on the miniature version to enlarge for scanning

MANAGE YOUR BOOKING



Select "Bookings":

- view and amend your upcoming booking(s)
- view your previous bookings

OTHER USEFUL FEATURES OF THE APP

"COMMUNITY" BUTTON

- Keep up to date with news from Setanta Fitness
- Advice/Workout ideas
- Access to recipes

"STORE" BUTTON

- Purchase supplements (collect in the gym)
- Purchase recipe book (e-mailed to you within 24 hours)

MANAGE YOUR PROFILE

TAP ON YOUR PROFILE PIC IN TOP LEFT HAND CORNER OF SCREEN:

- View your current membership details including expiry date
- Check how many credits you have remaining
- Add new credit card/direct debit details
- Check your payment history
- Amend your personal details including marketing opt-in
- Read notifications from Setanta
- Opening hours and contact details for Setanta Fitness

