

# HOW TO BOOK A PHYSIO APPOINTMENT VIA OUR WEBSITE

**1**

## GO TO OUR WEBSITE



- <https://www.s-fit.co.uk>
- Click on “Timetables”
- <https://www.s-fit.co.uk/class-bookings/>

## HOW DO I BOOK A PHYSIO APPOINTMENT?

**2**

- Select “APPOINTMENTS” and choose date to view appointment time options
- Click “Book” if you want to go ahead with that appointment time
- Click “Sign up to book” if you wish to go ahead with your booking
- New users - Create account / Existing users - sign in
- Note - appointments can only be booked if it is at least 24 hours before the start of the appointment



## HOW CAN I BOOK AN APPOINTMENT THAT IS LESS THAN 24 HOURS AWAY?

**3**

To check availability and book:

- Ring 028 3751 8787 or
- E-mail [info@setantafitness.com](mailto:info@setantafitness.com)

## HOW CAN I VIEW/MANAGE MY CLASS BOOKINGS?

**4**

- Select “Timetables” from the main menu along the top of the screen
- On the right side of the timetable headings (e.g. Classes, Courses, PT | S&C | Physio, Recovery Boots) you will see “Profile” - click on this
- Select the “Bookings” header below your account name
- Your list of upcoming and past bookings are listed.
- You can cancel upcoming bookings here. Please note cancellations can only be done if it’s at least 24 hours before the appointment begins. If you are within the cancellation window, you will receive a full refund. Unfortunately refunds cannot be given if it is less than 24 hours before the appointment begins. If you are outside the cancellation window and would like to enquire about a refund please e-mail [info@setantafitness.com](mailto:info@setantafitness.com)

**5**

## CAN I USE THE GYM FACILITIES BEFORE/AFTER MY PHYSIO APPOINTMENT?



- Walk In to use the gym is £5
- We have various memberships available - check out “Memberships” tab on the website